



The Clarion Call

*Love God, Love Everyone,
No Exceptions*



Dear Union Chapel:

I am thankful for the many who attended the Wednesday evening fellowship gatherings and for the honesty, openness and the passion each of you had as we spoke about unity within Union Chapel and specifically about ways that move us towards a greater unity together in our mission and ministry. Let's keep talking and moving towards that greater unity!

Do not forget Sunday, November 10th, our Unity Sunday at 10am. It will be a special worship time as Josh and Seth Place will be there to help us worship

in song! We will also recognize and honor our veterans that day as well.

Here are two wonderful scripture passages that speak about unity so well. As I shared at our last Wednesday evening gathering, the wisdom of one of my old pastors and mentors, Pastor Ed, who so very often when troubles arose would encourage all "to get into the word."

Ephesians 4 The Message (MSG)

4 ¹⁻³ In light of all this, here's what I want you to do. While I'm locked up here, a prisoner for the Master, I want you to get out there and walk—better yet, run!—on the road God called you to travel. I don't want any of you sitting around on your hands. I don't want anyone strolling off, down some path that goes nowhere. And mark that you do this with humility and discipline—not in fits and starts, but steadily, pouring yourselves out for each other in acts of love, alert at noticing differences and quick at mending fences.

4-6 You were all called to travel on the same road and in the same direction, so stay together, both outwardly and inwardly. You have one Master, one faith, one baptism, one God and Father of all, who rules over all, works through all, and is present in all. Everything you are and think and do is permeated with Oneness.

7-13 But that doesn't mean you should all look and speak and act the same. Out of the generosity of Christ, each of us is given his own gift. The text for this is,

He climbed the high mountain,
He captured the enemy and seized the booty,
He handed it all out in gifts to the people.

Is it not true that the One who climbed up also climbed down, down to the valley of earth? And the One who climbed down is the One who climbed back up, up to highest heaven. He handed out gifts above and below, filled heaven with his gifts, filled earth with his gifts. He handed out gifts of apostle, prophet, evangelist, and pastor-teacher to train Christ's followers in skilled servant work, working within Christ's body, the church, until we're all moving rhythmically and easily with each other, efficient and graceful in response to God's Son, fully mature adults, fully developed within and without, fully alive like Christ.

14-16 No prolonged infancies among us, please. We'll not tolerate babes in the woods, small children who are an easy mark for impostors. God wants us to grow up, to know the whole truth and tell it in love—like Christ in everything. We take our lead from Christ, who is the source of everything we do. He keeps us in step with each other. His very breath and blood flow through us, nourishing us so that we will grow up healthy in God, robust in love.

Philippians 2 New International Version (NIV)

² Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, ² then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. ³ Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, ⁴ not looking to your own interests but each of you to the interests of the others.

⁵ In your relationships with one another, have the same mindset as Christ Jesus:

⁶ Who, being in very nature^[a] God,
did not consider equality with God something to be used to his own advantage;

⁷ rather, he made himself nothing
by taking the very nature^[b] of a servant,
being made in human likeness.

⁸ And being found in appearance as a man,
he humbled himself
by becoming obedient to death—
even death on a cross!

⁹ Therefore God exalted him to the highest place
and gave him the name that is above every name,

¹⁰ that at the name of Jesus every knee should bow,
in heaven and on earth and under the earth,

¹¹ and every tongue acknowledge that Jesus Christ is Lord,
to the glory of God the Father.

Pastor Mike and Jill would like to thank all of Union Chapel for your expressions of gratitude and support for the ministry we bring to Union Chapel UMC during Pastor's Appreciation. We are truly blessed and feel called to serve alongside you in God's great high calling given to Union Chapel. Simply put, we love our church family and wouldn't want to be anywhere else!

STEWARDSHIP NOTES FROM YOUR FINANCE COMMITTEE:

We appreciate your willingness to give to the missions of Union Chapel and the community. We understand there are individuals you want to support. It is important to know that Church Council has approved gifts to certain individuals as being part of the Church missions. They are Darlene Unger and Jeff Hudson. If you want to give money to any other individuals, you should arrange to do that directly instead of giving the money to Union Chapel designated for a particular person. This is best for the individuals supported as well as the church and it also limits any confusion. In the future checks designated for individuals, outside of Darlene and Jeff and any other individuals the Church Council adopts as a specific mission of Union Chapel, will be returned to instead of being deposited. If you have any questions please contact our Treasurer, Bruce Elliott (cell 540-246-4295). Thank you for your understanding.

We also applaud the ongoing work of Sophie's Carepack Ministry. She continues to bless so many students who are without basic hygiene items in Morgan County! Now that the Carepack Ministry has its own non-profit designation from the IRS, we would encourage you to continue to support Sophie in her mission and ministry by giving funds to her directly.

Lastly, our Stewardship study of the Enough book by Adam Hamilton became a look at how we may seek greater unity within our Church to enable us to serve better. Adam Hamilton provided these insights as we wrapped up the "Living the Good Life" chapter:

1. "Beyond close relationships with family and friends, we experience the good life when we work toward the good of others,
2. recognizing that God blesses us so that we might in turn be a blessing.
2. The entirety of Scripture teaches that the good life God wants for us is lived in relationship with others. Jesus summed up that teaching when He said that the greatest commandments were to love God and to love our neighbors. When we live by these commandments, we pass from death into life."



NOVEMBER NEWSLETTER SAFETY CORNER ARTICLE

The National Highway Traffic Safety Administration estimated that 36,750 people were killed in the U.S. in traffic crashes in 2018. That's down 1% from 2017, when 37,133 people were killed in crashes in which a driver had a blood alcohol concentration (BAC) over the legal limit of .08 grams per deciliter. During the month of December 2017, 885 people lost their lives in traffic crashes involving a drunk driver. Like drunk driving, drug-impaired driving is impaired driving, which means it is dangerous and illegal in all 50 states, Puerto Rico, and Washington, DC.

NHTSA recommends the following actions to stay safe this holiday season:

- Remember, it is never okay to drive drunk or high. Designate a sober driver or plan to use public transportation or a ride share service such as Uber or Lyft to get home safely. Before you go out, download NHTSA's Safer-Ride mobile app, available on Google Play for Android devices, and Apple's iTunes store for iOS devices it lets you share your location so a friend can pick you up. The app is free and available for Apple and Android devices.
- If a friend or family member is impaired by alcohol or drugs and planning to drive, take their keys and help them make other arrangements to get home safely. Don't worry about offending someone—they'll thank you later.
- Be alert and distraction-free, and if you see an impaired driver, call 911 as soon as it is safe to do so.
- Buckle up. Wearing your seat belt is your best defense against an impaired driver.



Nurse's Corner November 2019

Welcome to November. I hope everyone had a great October. It's hard to believe that Christmas is right around the corner. It's coming so fast. I enjoy the Thanksgiving holiday. Many people are so into shopping for Christmas that they don't take time to really enjoy Thanksgiving. I hope each of you will be able to think about Thanksgiving and all you are thankful for. I'll be working on the bulletin board and encourage each of you to take a minute and write on the board what you are thankful for this holiday.

Have a wonderful month.
Blessings, Kim

November is the month
to remind us to be
thankful for the many
positive things
happening in our life.

ATTENTION—

If you see any areas of the Church that need attention, either inside or outside, please contact Dave Fink at:
dave.finkucumc@gmail.com or
Harry Weiss at: harryweis-sucumc@aol.com
or any members of the
Union Chapel Board of Trustees

November Newsletter item for Operation Christmas Child



Remember to include your \$9 donation per shoebox. If you are doing multiple boxes only one check is needed for all boxes. Example: 2 boxes at \$9 ea = check written for \$18 made out to Samaritan's Purse.

Please place check inside on top.

**If your interested in using a credit card you do that by going on-line. When you do this you will then receive an email from OCC telling you where your boxes have gone. Pretty awesome, huh?
It is a simple process. Look at the included pictures. If you have any questions please DO NOT hesitate to contact me, Debbie Weiss, 304-258-8831.**

NOT ALLOWED—Breakables, food products, chocolate, medicine, liquids, candy, toothpaste, body wash, lotion, used or dirty items, money (except \$9 shipping), war-related toys and games, pocket knives, paint sets, bubbles, hand sanitizer, balls with glitter liquid inside, drink mixes, seeds

If you would like the opportunity to serve with this ministry, please contact **Debbie Weiss, 304-258-8831**. Also we are always looking for ways to raise money for this mission. Won't YOU be a part of this heartwarming mission to bring children all over the world, closer to God? You won't be disappointed.

Please Remember to Bring Empty Shoeboxes for us to use.

"Declare His glory among the nations, His wonders among all peoples."

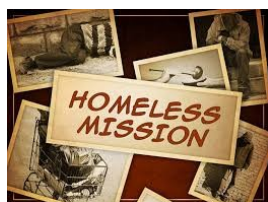
PSALM 96:3

DC Homeless Mission

Cooler weather approaching we will be needing these items for the homeless men and women, light weight jackets, jeans, blankets, sheets, backpacks, small carry bags on wheels and shoes. We will soon start our glove collection for the winter months. Thanks for all you do to make these trips possible. If you would like to go see and experience first hand what the DC Homeless Missions is all about just let Arnie or Vickie know and we will save you a spot in the

van.

Again Thanks



**Give thanks to the Lord,
for he is good; his love
endures forever.**

—1 Chronicles 16:34



Kathy Zeigler, our Administrative Assistant will be working in the church office on

Tuesdays and Wednesdays. Please email her at ucumcwv@gmail.com with Newsletter information and Bulletin information.

*Give Thanks
to the Lord,
for he is
good; his
love
Endures
forever.*

Psalm 107:1



The United Methodist Church:

www.umc.org

**Baltimore Washington Conference of the
United Methodist Church:**

www.bwcumc.org

**Western Region of the
Baltimore Washington Conference of the
United Methodist Church:**

www.bwcumc.org/westernregion

**May God bless you with peace,
love, abundance and prosperity
this Thanksgiving Day and beyond.**



Happy Thanksgiving!



Ladies' Ministry

Ladies Bible Study

"The Story" using the NIV Bible in Chronological Order tells the story of God's Love for Humanity. Begins January 15, 2020 at 10:30 am in Fellowship Hall and lasts six weeks. Each session will include a short video and discussion of a chapter in "The Story". Please sign up by 11/30 in the Narthex. Books cost \$5.00 and are available now!
POC: Nancy Jordan or Judy Dekker

Early Service Snack and Chat

Thank you to the families that bring snack to our early service. It is a great way to bring friends and families together for a few minutes between services and Sunday School. A new sign-up is now waiting in the Narthex. We encourage three families to bring just one of the following: a sweet, a dairy, and a vegetable. Our hope is that by keeping it simple we will have more families to provide light and healthy snacks.
POC: Becky Miller

Operation Christmas Child

Anyone who wants to gather at 9:30-10am on Wednesday, 13 November to assemble and stuff OCC Shoeboxes is welcome.

After stuffing, we will be taking the boxes into the Sanctuary for preparation of Dedication Sunday (17 November). Your personal shoeboxes, if you're doing any, must be turned in by that day. If you would like to bring a light snack that would be awesome. Coffee and a snack will be an added treat.

Another Operation Christmas Child event will be **Monday, 2 December**.

We will be leaving the church at 11:30 (or so) and from 2pm-6pm we will be working at the OCC Baltimore Processing Center. After we are done, on the way home, we'll stop for a quick dinner or you can get Chic-Fil-A at the Processing Center. This is a rewarding and fun event. If you are interested PLEASE put your name and email address on the sign-up sheet in the Narthex. It is on a first come first serve basis. I have 20 slots reserved. I need to send you an invitation via email from OCC/Samaritans Purse to get you registered. Any questions for any of the above, do not hesitate to contact Debbie Weiss on 304-258-8831. Have a blessed November ladies.

Holiday Lunch

Tuesday December 3rd, Ladies are meeting at The Country Inn at 11:45am for a **Holiday Lunch**. December 3rd is "Give Back Day" with 20% of all lunch and dinner tabs are to be donated to Starting Points Family Resource Center. Remember to support your community by eating out in Berkely Springs.
POC: Terry Freiheit

Fitness Walking continues at Cacapon State Park on Tuesday and Thursday at 9:00 POC: Ratih Huges

The next **Ladies Ministry Planning Meeting** is Tuesday, January 7 at 6:00 pm

Fun times at the Youth Fall Festival! A heartfelt thanks to Jason and Vonda Didawick for hosting our annual event! After a nervous morning of rain, the sun came out and the weather was perfect. Aside from the great fellowship, we worked at being creative, played hard and ate way too much!



MISSION MONTHLY



The month of November we want to highlight Operation Christmas Child, a project of Samaritan's Purse, has touched the lives of millions of hurting children since 1993 by distributing gift-filled shoe boxes and sharing the Good News of Jesus Christ in crisis areas of the world. There are still millions more hurting children waiting to hear that God loves them—and it all starts with us!

Operation Christmas Child distributes the shoe boxes to children in over 100 countries and works in and through local churches where



possible, offering children Gospel literature and culturally appropriate evangelical and follow-up programs.

The shoe box gifts open doors for presenting the Good News of Jesus Christ. Union Chapel will once again be participating in this endeavor.

It's never too early to start planning and buying for our Shoeboxes.

The following is some background information about the petitions in the Narthex for your signature. I don't believe doctors who treat outside the standard of care should face disciplinary action if they successfully treat (heal their patients).

"If T3 is killing me, I would rather die feeling good." In 2002 I literally drug myself to the doctor. I was exhausted. I had 3/4 of the symptoms for hypothyroidism listed in the Merck Manual. I asked my doctor for Cytomel or some form of T3 because I knew how well it worked for my mother. He said NO. Standard of care is Synthroid (T4) or one of its generics. So that is what was prescribed. Within a couple of months my blood work was in the normal range and I expected to feel normal (like my previous self). Still I was extremely tired. If something had to be done, I did it. Otherwise, it didn't get done. It was like I was trapped in someone else's old-worn-out body and couldn't escape. It took two years and two endocrinologists to prescribe the needed T3 that returned my active life. I was good on this treatment for several years until the tiredness returned. So I saw the third endocrinologist who insisted I take Synthroid 112 mg because I had never had that large of a dose and how great I was going to feel. I didn't. Then I was prescribed a natural desiccated thyroid made from pig or cow thyroid. But I was never given a large enough dose. Soon after, I saw my mother's doctor who prescribed the current dose I'm on and feeling really good. Unfortunately this doctor just retired in September. Once again I will be left to find someone who will treat outside of the T4 only guideline so I can remain healthy.

This is just one example of doctors following guidelines and leaving patients unhealthy. I'm not alone. There are thousands throughout the U.S. and millions around the world still suffering. I've talked to some of them and listened to their stories. One had suffered for 50 years.

Not many people know about hypothyroidism, but most people know about Lyme disease. The documentary, *Under Our Skin*, that was shown on PBS a few years ago shows the battle that some doctors faced to keep their medical licenses. Their crime was successfully treating chronic Lyme disease victims outside the standard of care and healing them.

These are just two examples. Please help doctors heal patients. Please sign the petition in the Narthex. My family gathered 160 signatures at the Apple Butter Festival. Won't you help? Thank you.

Linda Pritchard

Recycle your *Upper Room* and *Daily Bread* booklets. There is a labeled container in the Narthex for the used booklets. They will be included with meals for the homeless when the church members visit DC each month.

To join the Church's e-mail **prayer chain**, or to submit your own prayer request for a friend, family member, or neighbor, contact Darlene Unger (304) 671-0340 atlantaplus5@aol.com

Prayer is not eloquence,
but earnestness.
-Hannah More

"Do you shy away from praying because you don't know all the words to traditional prayers...you think you don't deserve God's attention...you believe He hasn't time for or interest in your personal hopes and fears, trials and troubles with all the big things going on in the world? Not true! Throughout the Bible, God invites and encourages you to pray.

There's no good reason not to pray...and every good reason to do it, and do it everyday." Thanks be to God!!!

"SAVE THE GIRLS"

"SAVE THE GIRLS" Help ladies who need: bras – new or fairly new, underwear – new or fairly new, Always pads, tampons. There will be a collection box for donations of these items in the Narthex. Cash donations will also be gratefully accepted. May God Bless You Contact Joyce Kline 304-258-5199

CHURCH USERS

If you raise or lower the temperature in the space you are using, please read the posted temperature settings located under each thermostat throughout the Church. Thanks, Your Board of Trustees

ATTENTION FELLOWSHIP HALL USERS

When you leave the hall please ensure that the blinds are left open. This is necessary so that the Sheriff and the Deputies can see in when responding to a security issue here.

Thank You, Your Board of Trustees

Care Pack Ministry will be having their Packing Party November 12th at 5:30pm



Ladies Exercise Class

Tuesdays and Thursdays at 9am at Cacapon State Park
Inquiries made to Ratih Hughes 443-822-3899

**MCEIC-MCEAT
Mission Request
For November
Pork & Beans**

Have some Free
Time? Ralph
Booth at Berkeley
Center would
LOVE some
visitors..In person
or by phone,
304-258-1602



Tuesday December 3rd Ladies are meeting at the Country Inn at 11:45am for a holiday lunch. December 3rd is 'give back day' with 20% of all lunch and dinner tabs to be donated to starting points family resource center. Remember to support your community by eating out in Berkeley Springs.

There is a new 'drawer' in the Narthex for Berkeley County Shenandoah Women's shelter. Please donate microwave food, shampoo, and clothing that is stain free and in good condition (babies, children, adolescents, and women). In addition there is a baby at the shelter so they are also looking for bottles, diapers, bibs, etc. Thank you for your generosity.

Backpackers Mission:

2nd Thursday of each month (during
the school year)

Starting Points:

2nd Monday of each month from 1-5 pm
4th Tuesday of each month 3-5 pm



Do not worry about your life,
what you will eat; or about
your body, what you will wear.
For life is more than food,
and the body more than clothes.
Luke 12:22b-23



Goodwill Fund



Donations
accepted in wooden
box at Back of
Sanctuary. Goodwill
Fund is collected the 1st
and 3rd Sunday of each

Just a reminder, we email the monthly
newsletter in a PDF File, if a paper copy is
needed please let Kathy know.
Please make sure Kathy has your
correct email address for
electronic information.



Casandra Henry	11/2
Dewey Hodson	11/2
Maddie Miller	11/2
Pastor Mike	11/3
Shelly Miller	11/3
Donna Ellyson	11/4
Helene	11/4
Glenna Hovermale	11/5
Kathy Schaefer	11/5
Kip Omps	11/8
Rita Close	11/9
Bonnie Morrison	11/12
Kim Buhrman	11/13
Skylar	11/13
Lillian Frendzel	11/14
Mark Schaffeld	11/14
CJ Clipp	11/19
Rich Petrushun	11/22
KC Bohrer	11/24
Connie Seaman	11/26
Sunni Brooke Stevens	11/26
Alexia Stevens	11/28



Follow us on
Instagram



Like us on
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Residents of Berkeley Springs and surrounding areas
are cordially invited
to our 5th Annual

Holiday Dinner

compliments of
**Union Chapel
United Methodist Church**

Located on Route 522 just south of Cacapon State



**Saturday, November 16, 2019
2 pm until 4 pm
Fellowship Hall**

***** No Reservations Needed *****

Eat In ONLY ** No Carry Out**



**Transportation provided if needed. Call 304-268-2107
by Thursday, November 14, 2019
to reserve a ride from town.**

Check our web page: www.umcunionchapel.org

**ANNUAL
EMPTY BOWLS**

*Leave No Child Hungry
In Morgan County*

Friday, November 22
5:00 to 7:00 p.m.
Berkeley Springs High School




Artisan Bowls \$20
Community Crafted Bowls \$10
Children 5 and Under Free Kids 6-12 \$5

*Proceeds Benefit
Starting Points
Meal Time Community Kitchen
and Boys & Girls Club*

***Union Chapel United
Methodist Church***
***Love God, Love Everyone,
No Exceptions***



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 Ladies Exercise 9am	6 Crafts 10:30am Simeon & Anna 1pm	7 Men's Prayer Group 8am Ladies Exercise 9am Emmaus at Wesleyan 6pm	8	9
10	11 Starting Points 1-5pm Men's Meeting 7pm 	12 Ladies Exercise 9am Sophie's Packing Party 5:30pm	13 Crafts 10:30am Simeon & Anna 1pm	14 Men's Prayer Group 8am Ladies Exercise 9am Backpackers	15	16 Holiday Dinner 2-4pm
17 Blood Pressure Screening Operation Christmas Child Dedication Sunday	18 OCC Procession Week	19 Ladies Exercise 9am	20 Crafts 10:30am Simeon & Anna 1pm	21 Men's Prayer Group 8am Ladies Exercise 9am Emmaus at UC 6pm	22	23
24 DC-Homeless Trip 3pm	25	26 Ladies Exercise 9am Starting Points 3-5pm	27 Crafts 10:30am Simeon & Anna 1pm	28 Thanksgiving 	29	30

www.umcunionchapel.org

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